



| WEEK 3                | MONDAY                              | TUESDAY                          | WEDNESDAY                                                                                 | THURSDAY                                                                       | FRIDAY                         |
|-----------------------|-------------------------------------|----------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------|
| <b>MAIN EVENT</b>     | <b><u>MEAT FREE MONDAY</u></b>      | <b>BUTCHERS PORK SAUSAGES</b>    | <b>MARGARITA PIZZA TOMATO &amp; CHEESE BASE WITH A CHOICE OF FOLLOWING EXTRA TOPPINGS</b> | <b>MILD CHILLI BEEF SERVED IN A TACO SHELL WITH SOUR CREAM</b>                 | <b>TUNA PASTA BAKE</b>         |
| <b>MEAT FREE ZONE</b> | <b>VEGEATBLE AND CHICKPEA CURRY</b> | <b>VEGETARIAN QUORN SAUSAGES</b> | <b>PEPPERONI SWEETCORN</b>                                                                | <b>MILD 3 BEAN AND VEGETABLE CHILLI SERVED IN A TACO SHELL WITH SOUR CREAM</b> | <b>MACCARONI CHEESE</b>        |
| <b>AND TO GO WITH</b> | <b>RICE AND PEAS</b>                | <b>MASH POTAOES BAKED BEANS</b>  | <b>CHEDDAR AND MOZZARELLA MIX</b>                                                         | <b>SHREADED ICEBERG LETTUCE SWEETCORN</b>                                      | <b>BROCCOLI</b>                |
| <b>DESSERT</b>        | <b>LOW SUGAR LEMON DRIZZLE CAKE</b> | <b>STRAWBERRY MOUSSE</b>         | <b>CHOPPED SALAD OF MIXED LEAF LETUCE , TOMATOES , CUCUMBER AND FRESH HERBS</b>           | <b>STEWED APPLES AND CUSTARD</b>                                               | <b>VEGETARIAN ORANGE JELLY</b> |
|                       |                                     |                                  | <b>STICKY TOFFEE AND DATE SPONGE</b>                                                      |                                                                                |                                |

